



Aldwych Speed Club

CODE OF CONDUCT – SKATERS

Good practice for skaters

This Code of Conduct gives everyone a guide to what is expected of skaters if they are part of an organisation, participating in a sport, or are spectators at events. Ethics in sport are embodied in the following principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship.

This Code of Conduct asks skaters to respect the following guidelines:

- Encourage skating in a safe and healthy environment.
- Encourage good sportsmanship by demonstrating positive support for all skaters, coaches, volunteers and officials and do not question the judgement of event officials.
- Remember that doing one's best is more important than winning. Effort and participation are as important as victory.
- Do your best to make skating fun - participation in sport is for your enjoyment.
- Treat other skaters, coaches, officials and rink staff with respect. Treat them as you would wish to be treated.
- Treat everyone equally and sensitively regardless of their age, disability, gender, race, ethnic origin, cultural background, sexual orientation, religious beliefs or political affiliation.
- Inform your coach of any disability that may affect your safety or the safety of others.
- Place your emotional and physical well-being ahead of your personal desire to win.
- Support all efforts to remove all forms of verbal and physical abuse from ice skating.
- Remember that young people and vulnerable adults learn best by example.

As a skater you have the right to:

- Be assured that you will be safeguarded during your participation in sport
- Have your consent sought for participation in events, trips and competitions
- Have your consent sought for participation in film or photography
- Contribute to decisions within the Club
- Have any concerns about any aspect of your welfare listened to and responded to

As a skater you are expected to:

- Complete and return the Membership form and the Photo Consent form and Health Declaration pertaining to your participation with the Club.
- Detail any relevant medical concerns or conditions pertaining to your health on the Health Declaration form. Any changes in the state of your health should be reported to the coach or Club staff prior to any activity.
- Be responsible for ensuring you arrive punctually before sessions/competitions/events.
- Ensure you have appropriate kit and clothing. Anyone not in possession of the fundamental safety requirements will not be permitted to participate.
- Never train when you are feeling unwell or under the influence of alcohol or banned substances.
- Inform the coach prior to the activity starting if you must leave early.
- Skate for your own enjoyment and to improve your skills.
- Compete fairly and adhere to the rules: remember that you can only do your best.
- Demonstrate good sportsmanship, encourage and applaud good skating.
- Behave responsibly whilst skating and spectating
- Show appreciation of and support for the coach
- Accept the decisions of coaches, judges and other officials
- Respect the use of the Club and Spectrum facilities
- Ensure that you understand this Code of Conduct

Any breaches of this Code of Conduct will be dealt with immediately by a Designated Person. Persistent concerns or breaches may result in you being asked not to attend training sessions, competitions or any other event organised by the Club if your attendance is considered detrimental to the welfare of other participants.

The ultimate action should a skater continue to breach the Code of Conduct may be the Club regrettably asking you to leave the session, event or Club.

Signature of Skater	
Print Name of Skater	
Date of Signature	